

Brief Biosocial Gambling Screen (BBS) Questionnaire

Name _____

Date _____

To screen for potential gambling-related problems, please ask the following questions.¹

- 1. During the past 12 months, have you become restless irritable or anxious when trying to stop/cut down on gambling?**
 - Yes
 - No

- 2. During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?**
 - Yes
 - No

- 3. During the past 12 months did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or welfare?**

¹ An online version of the BBS is available at <https://www.divisiononaddiction.org/outreach-resources/gdsd/toolkit/bbs/>