GAMBLING DISORDER RARELY TRAVELS ALONE

There are about 2.5 million adults with gambling disorder in the United States. More than 95% of people with gambling disorder have at least one other mental health disorder (anxiety, depression, etc.). Two-thirds of people with gambling disorder have 3 or more other mental health disorders.

The data presented show rates of co-occurring disorders in the ~1% of adult Americans who have gambling disorder. The data comes from the landmark mental health study, the National Comorbidity Survey Replication, conducted by Harvard Medical School and funded by the National Institutes of Mental Health.